

Self-Realization Fellowship *Encinitas Temple*

2018 January, February & March Services and Events

Regularly Scheduled Daily Services

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| Sunday | 8:00 - 9:00 | a.m. | Temple | Meditation |
| | 9:30 - 10:30 | a.m. | Temple & J St. Chapel | Inspirational Service (at J St. Chapel by video only) |
| | 9:30 - 10:30 | a.m. | Temple & J St. Chapel | Sunday School at Temple, Teen Program at J St. Chapel |
| | 11:00 - 12:00 | Noon | Temple & J St. Chapel | Inspirational Service (at J St. Chapel by video only) |
| | 4:30 - 6:30 | p.m. | Temple | <i>God Talks with Arjuna: The Bhagavad Gita</i> Reading & Meditation Service |
| | 6:40 - 6:55 | p.m. | Temple Patio | Group Energization Exercises |
| | 7:00 - 9:00 | p.m. | Temple | Meditation ¹ |
| Monday | 6:40 - 6:55 | p.m. | Temple Patio | Group Energization Exercises |
| | 7:00 - 9:00 | p.m. | Temple | <i>SRF Lessons</i> Reading & Meditation Service |
| Tuesday | 6:40 - 6:55 | p.m. | Temple Patio | Group Energization Exercises |
| | 7:00 - 9:00 | p.m. | Temple | Young Adult Group Meditation and <i>Satsanga</i> ² with Minister (2 nd Tuesday only) |
| Wednesday | 7:00 - 9:00 | p.m. | J St. Chapel | Meditation (2 nd , 4 th Wednesday), Kirtan & Meditation (1 st , 3 rd and 5 th Wednesday) |
| Thursday | 7:00 - 8:00 | p.m. | Temple | Inspirational Service & Prayer Circle (Guided Meditation on 1 st Thursday and <i>Satsanga</i> ² on 3 rd Thursday) |
| Friday | 6:40 - 6:55 | p.m. | Temple Patio | Group Energization Exercises |
| | 7:00 - 9:00 | p.m. | Temple | <i>Second Coming of Christ</i> Reading & Meditation Service |
| Saturday | 6:00 - 6:15 | a.m. | Temple Patio | Group Energization Exercises |
| | 6:20 - 8:50 | a.m. | Temple | Meditation |
| | 5:40 - 5:55 | p.m. | J St. Chapel Patio | Group Energization Exercises |
| | 6:00 - 9:00 | p.m. | J St. Chapel | Meditation ¹ (with Kirtan on 1 st Saturday) |
| | 8:00 a.m. - 2:00 p.m. | | J St. Chapel | 6-hour Meditation ¹ & ³ (for dates, please see the back). This replaces 6 a.m. and 6 p.m. meditations |
| Daily | 12:00 - 4:00 | p.m. | J St. Chapel | Individual Meditation |

¹ Admittance at the beginning only.

² *Satsanga* means Fellowship with Truth. The Minister answers questions submitted in the foyer credenza.

³ The regularly scheduled Daily Service for this day and time (listed on this page) is canceled.

Encinitas Temple: (760) 436-7220, www.EncinitasTemple.org

www.Yogananda-SRF.org

Special Services and Events continued on the back page

Special Services and Events

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|-----------------|-----------|----|--|------------------------|
| January | Friday | 5 | Paramahansa Yogananda's Birthday Service ³ (Temple & J St. Chapel - doors open at 6:00 p.m.) | 7:00 p.m. - 8:30 p.m. |
| | Saturday | 13 | Paramahansa Yogananda's Commemorative Meditation ^{1&3} (Temple & J Street Chapel) | 10:00 a.m. - 4:00 p.m. |
| | Tuesday | 16 | Monthly Temple Meeting (Special Events Room) | 7:00 p.m. - 8:30 p.m. |
| | Saturday | 20 | Day of Service | 9:00 a.m. - 12:00 p.m. |
| | Saturday | 27 | 6-hour Meditation (J Street Chapel) ^{1&3} | 8:00 a.m. - 2:00 p.m. |
| | Sunday | 28 | Energization Exercises Technique Class (Temple) | 12:30 p.m. - 1:30 p.m. |
| February | Saturday | 17 | Day of Service | 9:00 a.m. - 12:00 p.m. |
| | Tuesday | 20 | Monthly Temple Meeting (Special Events Room) | 7:00 p.m. - 8:30 p.m. |
| | Saturday | 24 | 6-hour Meditation ((J Street Chapel) ^{1&3} | 8:00 a.m. - 2:00 p.m. |
| | Sunday | 25 | Hong-Sau Technique Class (Temple) | 12:30 p.m. - 1:30 p.m. |
| March | Wednesday | 7 | Paramahansa Yogananda's Mahasamadhi Service ³ (Temple & J Street Chapel - doors open at 6:00 p.m.) | 7:00 p.m. - 8:30 p.m. |
| | Friday | 9 | Swami Sri Yukteswar's Mahasamadhi Service ³ (Temple & J Street Chapel - doors open at 6:00 p.m.) | 7:00 p.m. - 8:30 p.m. |
| | Tuesday | 20 | Monthly Temple Meeting (Special Events Room) | 7:00 p.m. - 8:30 p.m. |
| | Saturday | 24 | 6-hour Meditation (J Street Chapel) ^{1&3} | 8:00 a.m. - 2:00 p.m. |
| | Sunday | 25 | Aum Technique Class (Temple) | 12:30 p.m. - 1:30 p.m. |
| | Friday | 30 | Good Friday Meditation (Temple) ³ | 7:00 p.m. - 9:00 p.m. |
| | Saturday | 31 | Day of Service (Easter Setup on Ashram Grounds) | 9:00 a.m. - 12:00 p.m. |

Commemorative Services

Special commemorative services are held to honor the anniversaries of the Self-Realization Fellowship Gurus. It is customary to bring a flower you have chosen as a symbol of your devotion and a monetary offering in an envelope as an expression of your loyalty and support of the Guru's work

Monthly Temple Meeting

Meeting begins with a half-hour meditation. Our minister then reads from *Autobiography of a Yogi* and discusses how we can apply its principles in our lives. Updates on Temple activities and projects follow.

Day of Service

Day of Service begins with a short meditation led by the minister. We then break into work groups for cleaning, gardening, and maintenance projects. Lunch is provided at noon. This is a wonderful opportunity for spiritual fellowship and service to the Guru.