

Self-Realization Fellowship

Encinitas Temple

2019 April, May, June Services and Events

Regularly Scheduled Services

Sunday	8:00 - 9:00	a.m.	Temple	Meditation
	9:30 - 10:30	a.m.	Temple & J St. Chapel	Inspirational Service (at J St. Chapel by video only)
	9:30 - 10:30	a.m.	Temple & J St. Chapel	Sunday School at Temple, Teen Program at J St. Chapel
	11:00 - 12:00	p.m.	Temple & J St. Chapel	Inspirational Service (at J St. Chapel by video only)
	4:30 - 6:30	p.m.	Temple	<i>God Talks with Arjuna: The Bhagavad Gita</i> Reading & Meditation Service
	6:40 - 9:00	p.m.	Temple	Group Energization Exercises and Meditation ¹
Monday	6:40 - 9:00	p.m.	J St. Chapel	Group Energization Exercises and <i>SRF Lessons</i> Reading & Meditation Service
Wednesday	7:00 - 9:00	p.m.	J St. Chapel	Meditation (2 nd , 4 th Wednesday), Kirtan & Meditation (1 st , 3 rd and 5 th Wednesday)
Thursday	7:00 - 8:00	p.m.	Temple	Inspirational Service & Prayer Circle (Guided Meditation on 1 st Thursday and <i>Satsanga</i> ² on 3 rd Thursday)
Friday	6:40 - 9:00	p.m.	Temple	Group Energization Exercises and <i>Second Coming of Christ</i> Reading & Meditation Service
Saturday	6:00 - 8:50	a.m.	J St. Chapel	Group Energization Exercises and Meditation
	5:40 - 9:00	p.m.	J St. Chapel	Group Energization Exercises and Meditation ¹ (with Kirtan on 1 st Saturday)
	4:40 - 7:00	p.m.	Temple	Group Energization Exercises and Young Adult Group Meditation and <i>Satsanga</i> ² with Minister (2 nd Tuesday only)
	8:00 a.m. - 12:00 p.m.		J St. Chapel	4-hour Meditation ^{1&3} , 2 nd Saturday of the month (see back page for dates). This replaces 6 a.m. and 6 p.m. meditations
	8:00 a.m. - 2:00 p.m.		J St. Chapel	6-hour Meditation ^{1&3} , 4 th Saturday of the month (see back page for dates). This replaces 6 a.m. and 6 p.m. meditations
	5:40 - 8:00	p.m.	Temple	Group Energization Exercises and <i>Wine of the Mystic</i> Reading and Meditation Service Scheduled on the same day as the 6-hour meditation
Daily	12:00 - 4:00	p.m.	J St. Chapel	Individual Meditation

¹ Admittance at the beginning only.

² *Satsanga* means Fellowship with Truth. The Minister answers questions submitted online at www.EncinitasTemple.org and in the foyer credenza.

³ The regularly scheduled service for this day and time (listed on this page) is canceled.

Special Services and Events continued on the back page

Special Services and Events

April	Saturday	13	4-hour Meditation (J Street Chapel) ^{1&3}	8:00 a.m. - 12:00 p.m.
	Tuesday	16	Monthly Temple Meeting (Temple)	7:00 p.m. - 8:30 p.m.
	Friday	19	Good Friday Meditation	8:00 a.m. - 9:00 a.m.
	Saturday	20	Day of Service (Easter setup on Ashram Grounds)	9:00 a.m. - 12:00 p.m.
	Sunday	21	Easter Sunrise Service (Ashram Grounds)	7:00 a.m. - 8:00 a.m.
			See flyer for details	
			Breakfast (Ashram Grounds)	8:00 a.m.
			<u>Temple Services take place as usual at 9:30 and 11:00 a.m.</u>	
			Easter Children's Family Service (ashram Grounds)	9:30 a.m.
			<i>Second Coming of Christ</i> Reading and Meditation Service ³ (Temple)	4:30 p.m. - 6:30 p.m.
	Saturday	27	6-hour Meditation (J Street Chapel) ^{1&3}	8:00 a.m. - 2:00 p.m.
May	Saturday	4	Pilgrimage Tour to Mother Center	1:00 p.m. - 5:00 p.m.
	Sunday	5	Kriya Review Class (Temple)	12:30 p.m. - 1:30 p.m.
	Friday	10	Swami Sri Yukteswar's Birthday Service ³ (Temple & J Street Chapel - doors open at 6:00 p.m.)	7:00 p.m. - 8:30 p.m.
	Saturday	11	4-hour Meditation (J Street Chapel) ^{1&3}	8:00 a.m. - 12:00 p.m.
	Saturday	18	Day of Service	9:00 a.m. - 12:00 p.m.
	Tuesday	21	Monthly Temple Meeting (Temple)	7:00 p.m. - 8:30 p.m.
	Saturday	25	6-hour Meditation (J Street Chapel) ^{1&3}	8:00 a.m. - 2:00 p.m.
June	Saturday	8	4-hour Meditation (J Street Chapel) ^{1&3}	8:00 a.m. - 12:00 p.m.
	Saturday	15	Day of Service	9:00 a.m. - 12:00 p.m.
	Tuesday	18	Monthly Temple Meeting (Temple)	7:00 p.m. - 8:30 p.m.
	Saturday	22	6-hour Meditation (J Street Chapel) ^{1&3}	8:00 a.m. - 2:00 p.m.
	Saturday	29	Movie Night - <i>SRF Satsanga</i> Video (J Street Chapel) ³	Movie 7:00 p.m.
			Reception 6 - 6:45 p.m.	

Commemorative Services

Special commemorative services are held to honor the anniversaries of the Self-Realization Fellowship Gurus. It is customary to bring a flower you have chosen as a symbol of your devotion and a monetary offering in an envelope as an expression of your loyalty and support of the Guru's work

Monthly Temple Meeting

The Temple Meeting begins with a half-hour meditation. Our minister then reads from *Autobiography of a Yogi* and discusses how we can apply its principles in our lives. Updates on Temple activities and projects follow.

Day of Service

Day of Service begins with a short meditation led by the minister. We then break into work groups for cleaning, gardening, and maintenance projects. Lunch is provided at noon. This is a wonderful opportunity for spiritual fellowship and service to the Guru.