

Self-Realization Fellowship

Encinitas Temple

2020 January, February & March Services and Events

(Check www.EncinitasTemple.org for daily calendar changes)

Sunday	8:00 - 9:00	a.m.	Temple	Meditation
	9:30 - 10:30	a.m.	Temple & J St. Chapel	Inspirational Service (at J St. Chapel by video only)
	9:30 - 10:30	a.m.	Temple & J St. Chapel	Sunday School at Temple, Teen Program at J St. Chapel
	11:00 - 12:00	p.m.	Temple & J St. Chapel	Inspirational Service (at J St. Chapel by video only)
	4:30 - 6:30	p.m.	Temple	<i>The Bhagavad Gita</i> Study Group
	6:40 - 9:00	p.m.	Temple	Group Energization Exercises and Meditation
Monday	6:40 - 9:00	p.m.	J St. Chapel	Group Energization Exercises and <i>SRF Lessons</i> Study Group
Tuesday	6:40 - 9:00	p.m.	Temple	Group Energization Exercises followed by Young Adult Meditation and <i>Satsanga</i> ¹ with Minister (2nd Tuesday only)
Wednesday	12 - 12:30	p.m.	J St. Chapel	Learn to Meditate: Free Guided Meditation led by Minister
Wednesday	6:40 - 9:00	p.m.	J St. Chapel	Group Energization Exercises and Meditation (2 nd , 4 th Wednesday), Kirtan & Meditation (1 st , 3 rd and 5 th Wednesday)
Thursday	7:00 - 8:00	p.m.	Temple	Inspirational Service & Prayer Circle (Guided Meditation on 1 st Thursday and <i>Satsanga</i> ¹ on 3 rd Thursday)
Friday	6:40 - 9:00	p.m.	Temple	Group Energization Exercises and <i>Second Coming of Christ</i> Study Group
Saturday	8:00 - 11:00	a.m.	J St. Chapel	3-hour Meditation with Kirtan on 1 st and 5 th Saturday
	5:40 - 8:00	p.m.	J St. Chapel	Group Energization Exercises and Meditation on 1 st , 3 rd and 5 th Saturday
	8 a.m. - 12:00	p.m.	J St. Chapel	4-hour Meditation with Kirtan on 2 nd Saturday
	8 a.m. - 2:00	p.m.	J St. Chapel	6-hour Meditation with Kirtan on 4 th Saturday
	5:40 - 8:00	p.m.	Temple	Group Energization Exercises and <i>Wine of the Mystic</i> Study Group on 2 nd and 4 th Saturday
	8:00 - 9:00	a.m.	Temple	Meditation with a minister prior to Day of Service
Daily	12:00 - 4:00	p.m.	J St. Chapel	Individual Meditation

Special Services and Events continued on the back page

Special Services and Events

January	Sunday	5	Live-streaming of Paramahansa Yogananda's Birthday Celebration at Mother Center (Temple & J St. Chapel)	9:30 a.m. - 10:30 a.m.
	Sunday	5	Paramahansa Yogananda's Commemorative Birthday Service ² (Temple & J St. Chapel - doors open at 6:00 p.m.)	7:00 p.m. - 8:30 p.m.
	Saturday	11	Paramahansa Yogananda's Commemorative Meditation ² (Temple & J St. Chapel, admittance at the beginning only)	10:00 a.m. - 4:00 p.m.
	Saturday	18	8-9 a.m. meditation and Day of Service with a Minister	8:00 a.m. - 12:00 p.m.
	Sunday	19	Open House with Ministers Following Each Inspirational Service (Temple & J St. Chapel)	10:30 a.m. & 12:00 p.m.
	Tuesday	21	Monthly Temple Meeting (Temple)	7:00 p.m. - 8:30 p.m.
	Sunday	26	Energization Exercises Technique Class (Temple)	12:30 p.m. - 1:30 p.m.
February	Saturday	15	8 - 9 a.m. meditation and Day of Service with a Minister	8:00 a.m. - 12:00 p.m.
	Tuesday	18	Monthly Temple Meeting (Temple)	7:00 p.m. - 8:30 p.m.
	Sunday	23	Hong-Sau Technique Class (Temple)	12:30 p.m. - 1:30 p.m.
March	Saturday	7	6-hr Meditation for Master's Mahasamadhi Commemoration Paramahansa Yogananda's Mahasamadhi Service ² (Temple & J St. Chapel - doors open at 6:00 p.m.)	8:00 a.m. - 2:00 p.m. 7:00 p.m. - 8:30 p.m.
	Monday	9	Swami Sri Yukteswar's Mahasamadhi Service ² (Temple & J St. Chapel - doors open at 6:00 p.m.)	7:00 p.m. - 8:30 p.m.
	Tuesday	17	Monthly Temple Meeting (Temple)	7:00 p.m. - 8:30 p.m.
	Saturday	21	Meditation with a Minister (Temple)	8:00 a.m. - 9:00 a.m.
			8-9 a.m. meditation and Day of Service with a Minister	9:00 a.m. - 12:00 p.m.
	Sunday	29	Aum Technique Class (Temple)	12:30 p.m. - 1:30 p.m.

¹ *Satsanga* means Fellowship with Truth. The Minister answers questions submitted online at www.EncinitasTemple.org and in the foyer credenza.

² The regularly scheduled service for this day and time (listed on first page) is canceled.

Encinitas Temple, 939 Second Street, Telephone (760) 436-7220, www.EncinitasTemple.org
J Street Chapel, 1105 Second Street (corner of Second Street and J Street)
www.Yogananda.org